

WEBQUEST Basic Level Advanced-

https://docs.google.com/document/d/10em6m_qO9zVuZAhsFWpAmWYaCT_WPS2C NnD_x7QSnxA/edit

THEME ALLOCATED: Basic Level Advanced- Knowing the health needs of immigrant women and the challenges they face regarding health services in Italy

TITLE OF THE WEBQUEST:

"The health needs of the immigrant woman"

INTRODUCTION

This web research will help you to recognize the continuing challenges of migratory movements, particularly those related to health and access to health services in Italy by migrant women. The needs related to health and wellness, sometimes differently characterized by culture and the barriers, which can be raised in the access to health services in particular in Italy, will be the reason for this research. You will have to know the health resources to refer to on the Italian territory.

There will be a variety of activities that will help you complete your task. You will be asked to increase your knowledge and thinking skills. You will be asked to reflect and put together information, even in a structured way, about rights and access to health services. You will be encouraged to use digital skills.

Ready?

It starts with a true story.

Dora reads a news item about the migrants boats crossing the Mediterranean Sea to land in Italy and a headline attracts her: a pregnant migrant woman "crossing the desert of death". For years now, stories of landings of hundreds of migrants crammed into the boats have been repeated. Stories of escape and pain, and increasingly shocking images, to which unfortunately we become accustomed. Some NGOs even write that embarking pregnant women and children is part of a strategy to "pity" the ships that save. This is how Dora begins to read Lisa's story:

https://www.alqamah.it/2019/03/17/racconti-migranti8-la-storia-di-lisa-in-fuga-per-salvate-ilsuo-bambino-incinta-nel-deserto-della-morte/

How much physical suffering and how many psychological traumas some women may experience while fleeing and how much fear, perhaps double, for the child they carry in their bellies. Many flee from violence in their homeland, but in their flight to the West they suffer just as much, in the camps and on the road. The lucky ones are those who manage to recount the journey and who manage to take care of their child, full of hope because perhaps the worst is over. But some scars remain. Dora is a teacher of Italian in a CPIA, many foreigners are women who come mainly to learn the language. She decides that she will have them do some research, just on health services! In this way she will indirectly help them both to improve the care of themselves and of their children, and to access the services; moreover, they will also practise their Italian! Maybe they will be able to help in turn, informing their relatives, friends and acquaintances. Sometimes just the fact that you come from a different place can be a barrier and having someone you feel is closer to you, and who informs you is a great help! So let's start helping Dora!

TASKS-

Dora has decided that she will get help from this nice group of women, she would love the output to be a flyer, maybe to be distributed. It would be important that finally it would be immigrant women themselves who would construct these messages: woman to woman!

The research is aimed at finding information on women's health and migrant women in particular and on health services in Italy to support women's empowerment and health orientation in Italy.

A series of activities (described in the Process tab) will need to be completed to build an eye-catching flyer (poster):

-it will be necessary to gather the information or keywords, required in the documents to be downloaded from the suggested links, which can be identified and transcribed into an excel sheet; do a search for photos pertaining to the topics, develop a wordcloud for each topic and finally the infographic that will be the final flyer. Dora also suggests an online translator that may be needed for some pages.

The program is in 4 tasks: one part is done individually and then we meet in groups to share keywords and build the wordcloud, according to the following schedule:

Task 1-Reading and selecting information and data from links regarding documents written in Italian and English. The information to be selected concerns the following themes:

-Migration as a mass phenomenon. Italian data and particularities.

-health services and cultural differences

-consultancy and maternity

Task 2-selection of photos and graphics that recall the topics and key words

Task 3- through the blackboard (in presence or remotely also google jamboard) you can brainstorm to share the salient themes and keywords. For example, what each person thinks are the barriers to accessing health services in Italy.

This could be a document to save and include in the infographic.

Task 4- prepare 4 wordclouds of the proposed themes and together with the collected text and the fotographies build an infographic. The infographic, in digital form could be presented to the whole class, (if the class was divided into two groups one will present to the other) or in your women's community, or posted on youtube or other social media as an informational. The group may decide to print it out for dissemination. The document will include some necessary data and salient information, addressed in the study, useful to foreign women:

women's health around the world and gender specificity

health rights and socio-cultural differences

female immigration in Italy

Health services barriers and access

PROCESS

To start our search, it is necessary to have a computer or a smartphone with an internet connection, it will be easier, using the most popular search engines, to carry out our search. We can use: www.google.com

An useful open source writer, calc and draw :

https://www.openoffice.org/it/

To translate :

https://www.deepl.com/translator

Please, follow these steps to reach the expected outputs: wordcloud, infographics, flyers

STEP 1: Identify 3 goals, from the 17 UN agenda goals that most closely affect women, migration and health. Get help from the infographic!

Individual work pick up, transcribe and enter data and keywords into a worksheet (Excel), share keywords in the group and after create a wordcloud : https://www.wordclouds.com/

https://unric.org/it/agenda-2030/

https://www.who.int/images/default-source/departments/gender/infographics/healthworkforce-2030-sdg.png?sfvrsn=1f89be5b_2

STEP 2: Find in the readings in the links given what are those socio-cultural factors that prevent women and girls from benefiting from quality health services and

achieving the best possible level of health. Read in the factsheet about motherhood and the risks involved in some countries and find what WHO is doing. <u>Individual work</u> pick up, transcribe and enter data and keywords into a worksheet (Excel), share keywords in the group and after create a wordcloud : <u>https://www.wordclouds.com/</u>

https://www.who.int/health-topics/women-s-health/ https://www.who.int/news-room/fact-sheets/detail/maternal-mortality

Tip: also see the 4 video series on rights to care: "Right to a Better World" https://www.who.int/news/item/18-11-2020-your-right-to-a-better-world

STEP 3 – Find in the readings in the links given what are the migration flows and data on the female population in Italy (numerosity, origin, work, single or married, residence permit)

https://dtm.iom.int/reports/europe-%E2%80%94%C2%A0women-and-girls-move-europe-%E2%80%93-flowmonitoring-surveys-2018%E2%80%932020

https://www.redattoresociale.it/article/notiziario/migranti_le_donne_sono_oltre_2_milioni_il_54_del_totale

Tip: If you are interested in learning more, the Statistical Dossier is a very important and recognized source in Italy, it also provides data region by region.

http://www.sossanita.org/archives/11594

if you want frame here below the qr code with the camera of your phone!



Determinants of health. Female health and pregnancy. The healthy migrant effectdenial. Cultural differences in the approach to health and illness.

https://migrationdataportal.org/themes/migration-and-health

https://www.simmweb.it/aree-tematiche/salute-delle-donne-immigrate

https://www.epicentro.iss.it/migranti/InfettiveIntro

Collect information at this link many interesting documents, to download:

http://www.nuovicittadini-prefto.it/materiali/diritto-alla-salute

-download the PDF Access to the health service for foreign citizens and on page 19 women's health laws

-download PDF- Guide for migrant mothers- Conscious Motherhood (read from page 12 to

19)

https://www.aslroma1.it/quaderni-del-samifo#

download the article from Prejudices-article 2 -Samifo's Notebooks:

"Donne migranti tra produzione e riproduzione: influenza del pregiudizio sulla salute -

Individual work pick up, transcribe and enter data and keywords into a worksheet (Excel), share keywords in the group and after create a wordcloud : https://www.wordclouds.com/

STEP 4: Find in the readings in the links given what are the Health care and services in Italy. Obstacles to 'access. What are the consultantory, areas of intervention and professional figures.

Watch the video:

https://www.youtube.com/embed/cKnPgCzkWhI?rel=0&list=PLC81FD22807ACB1A6&inde x=25&wmode=opaque

Download the brochure on health services in various languages:

https://www.epicentro.iss.it/migranti/g-start-materiali-comunicazione

https://www.altroconsumo.it/salute/diritti-in-salute/speciali/consultorio

https://www.juragentium.org/topics/global/it/giunti.htm

Individual work pick up, transcribe and enter data and keywords into a worksheet (Excel), share keywords in the group and after create a wordcloud : https://www.wordclouds.com/

Congratulations! You have completed your research and now you have to share your knowledge with your peers.

Now Dora is asking her students to present their findings and create documents that can be shown and shared to women in their communities.

The women have never done a presentation so Dora provides them with directions and links to do so and also examples of a flyer.

Why not create a flyer, or a poster with explanations of services? You could even post it on everyone's social media pages, wouldn't it be nice to be able to participate in helping other migrants in your community?

Dora provides examples of flyers:

https://www.who.int/images/default-source/departments/reproductive-health/maternal-andnewborn-health/quality-antenatal-care.jpg?sfvrsn=70ab4d69_4

57_24_SAMIFO_INGLESE_icare.pdf

Now that you have created 4 word clouds, the results of the group discussion, at the end of each step, to find the most recurring ones, you can search for images and build an infographic!

For images:

https://www.pexels.com/

https://unsplash.com/

<u>Tip: always remember to transcribe the source of the images!</u> To create wordcloud see also tutorial https://www.youtube.com/watch?v=QU-DrBduW34

https://www.wordclouds.com/

https://wordart.com/

To build an infographic see:

https://www.canva.com/create/infographics/

If you need help building the infographic see also:

https://venngage.com/blog/how-to-make-an-infographic-in-5-steps/

EVALUATION

As part of the assessment of this WebQuest, female migrants and third country nationals will develop awareness of the most procedures and tasks, as well as getting acquainted with functioning system of the host country. They will then be asked to understand and summarize the more relevant information, and through that they will be measuring their capability to assess information and to structure a document, while keeping record of relevant information.

As a self-assessment exercise for this WebQuest

Female migrants will then be asked to complete a short-reflection exercise and write a few lines on how they rated their performance on this research task, what elements they preferred, or the ones they didn't enjoyed at all.

The following questions will guide this self-assessment:

- What it was like to participate in this learning experience?
- Was it easy to browse internet and find the information we provided?
- Did You understand the key concepts of women's health needs?
- Do you feel ready to explain how does the healthcare system work in Italy?
- What elements of this activity did you enjoy the most?
- Do you feel like you have gained new skills? If so, what are they?
- What parts of this activity did you find most challenging and why?
- What can be done to improve migrant women service access?
- How did you feel about using the web quest, were you able to use it?
- Did you improve your knowledge and research skills?

- Did you get your own idea about the topics?
- Is there anything that was not clear to you? What?
- Did you like to do a team work?

CONCLUSION Congratulations! You have successfully completed this activity! Dora is very pleased with the work you did collecting all the information provided and the flyer you created! Now you are aware of the issue related to the health of the immigrant woman, the difficulties of access she encounters with the health system and the specific services she finds in Italy. You can continue to enrich your knowledge and spread it to all women who may need it. Thank you!

















Co-funded by the Erasmus+ Programme of the European Union

"The European Commission's support for the production of this publication does not constitute an endorsement of the contents, which reflect the views only of the authors, and the Commission cannot be held responsible for any use which may be made of the information contained therein." Project Number: 2020-1-FR01-KA204-080239